Notes for Coaches

• Clean equipment between uses:

– Identify who will regularly maintain the equipment hygiene e.g. balls, cones, goalposts and bibs;

– Thoroughly clean the equipment e.g. balls, cones, goalposts, etc.;

– Bibs should not be used unless they can be washed between sessions.

• Limit sharing of equipment where possible:

– Ensure equipment is handled as little as possible by as few people as possible;

– Each participant should bring to training their own water bottles, sun cream and medication each of which should be clearly labelled with their name.

• Have strict hand hygiene:

– If individuals are going to share equipment, including balls, always ensure the individuals’ hands are thoroughly cleansed using alcohol-based hand gel, if clean running water and soap are not available, before and after use.

**2.** FOOTBALL AND TRAINING ACTIVITY

• Keep a register of anyone attending sessions, to help manage ‘NHS test and trace’, if an infection is reported to someone present.

• Clubs should carefully plan each training session or football activity and ensure that they are structured to ensure that the Government guidance are maintained.

• Consider whether pitch markings or cones can be put in place to ensure that social distancing is maintained.

• Competitive training can take place for all participants, in an outdoor setting provided this takes place in groups of no more than 30 (including coaches). Ensure activities follow the latest guidance.

• If space allows, increase social distancing between players during heavy exertion.