Wellow Youth Football Club – Notes for Parents

The return of grassroots football is something that we are keen to see, but at this stage of the nation’s response to Covid-19, it must be done with careful consideration for everyone’s safety – especially vulnerable groups, children and their families. Please note the following guidance will be updated regularly in line with Government guidance, as we progress through this pandemic. We recommend that parents and carers keep up-to-date with the latest Government guidance. If you choose to let your child play, everyone – including you and your child – will need to play your part in ensuring this is done safely, within the Government guidance.

Important: If you or your child are showing symptoms of the virus or have been in contact with someone displaying symptoms within the last two weeks, then you should stay at home until an NHS practitioner advises you that you no longer need to remain in isolation.

• Stay Alert – children must maintain good hygiene, hand washing and social distancing.

• In line with Government guidance on travel, you or another adult from the family or support bubble should travel with the child to the venue together, or via a socially-distant method (e.g. cycling).

• Your child must arrive changed and ready to exercise.

• Bibs must not be used unless they can be washed between every session and not shared at any point during a session.

• To operate safely, changing rooms, club rooms and showers will all be closed. Access to a toilet may still be possible but try to use one at home.

• When the activity is finished, children should take the earliest opportunity to wash their hands or use an

alcohol gel hand sanitiser.

• If your child has additional disability or medical needs, please ensure you have discussed this specifically with

the club and coach so that this can be fed into their risk assessment. You can then agree how/if these needs can be met within current Government Covid-19 guidance. This includes arrangement to manage any medication that your child needs at, or during the session. If this is the case, it must be clearly marked with your child’s name on it.

• If your child needs to sneeze or cough, encourage them to do so into a tissue or upper sleeve and advise them to avoid touching their face.

• Equipment should be handled as little as possible by as few people as possible.

• Ensure your child takes their own water bottle and their own hand sanitiser, both clearly marked with their name. They must not share these with anyone else.

• If your child gets injured, a member of their household or support bubble, can aid them but others will still need to socially distance unless a life or limb-threatening injury necessitates breaking guidelines to provide emergency care.

• If your child becomes symptomatic during the session, they should be immediately removed from the session and taken home as soon as possible. NHS guidance on further management of symptoms should be followed.

• You will be asked to complete a self-check for you and your child in advance or upon arrival at the activity.

• When the session is finished, your children will be encouraged to leave the venue rather than congregate,

avoiding congestion at gates or doors.

• All participants should wash hands at the earliest opportunity after the session and personal equipment should be wiped down with a disinfectant.